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# FINAL RESULTS OF A MULTICENTER STUDY COMPARING CELL-FREE DNA AND TROPHECTODERM BIOPSIES IN 2539 HUMAN BLASTOCYSTS.

Luis Navarro Sanchez, PhD, Igenomix, part of Vitrolife group, Paterna (Valencia), Spain, Denny Sakkas, PH.D., Boston IVF, Waltham, MA, Nilo Frantz, M.D., Nilo Frantz Reproductive Medicine, Porto Alegre, Brazil, Daria Maria Soscia, MSc, Ivirma Global Research Alliance Genera, Roma, Rm, Italy, William Venier, M.SC., World Embryology Skills & Training (WEST), Carlsbad, CA, Emilio De La Fuente Lucena, MSc, Igenomix, Paterna (Valencia), Spain, Claudio Bisioli, MSc, Pregna Medicina Reproductiva, Buenos Aires, Argentina, Bilgen Teke, MSc, Bahçeci Health Group, Istanbul, Turkey, Gerardo Barroso, MD, Nascere, Mexico City, DF, Mexico, Diana Valbuena Perilla, MD, PHD, Igenomix R&D, Valencia, Spain, Carlos Simon, MD; PhD, Professor Obstetrics and Gynecology, University of Valencia; Senior Lecturer PT, BIDMC Harvard University; President Carlos Simon Foundation, Valencia, Valencia, Spain and **Carmen Rubio Lluesa, PhD**, Igenomix, Paterna, Spain

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Title:
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FINAL RESULTS OF A MULTICENTER STUDY COMPARING CELL-FREE DNA AND TROPHECTODERM BIOPSIES IN 2539 HUMAN BLASTOCYSTS.

Submitter's E-mail Address:

luis.navarro@igenomix.com

**Preferred Presentation Type:** Oral or Poster

**Study Type:** Prospective Observational/ Cohort

Category - Subcategory(ies)s: Genetics: PGT

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Nothing to disclose. No off-label or otherwise non-approved product use.

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## **Abstract Text:**

**OBJECTIVE:** This study aimed to evaluate the intrinsic and extrinsic factors that can have an impact in the concordance rate, when testing for chromosomal abnormalities in cell-free DNA (cfDNA) and trophectoderm (TE) biopsies obtained from the same blastocysts.

**MATERIALS AND METHODS:** We carried out a prospective study to investigate the concordance of cfDNA present in spent blastocyst medium with the corresponding TE biopsy in 10 IVF clinics. A total of 2539 day-6/7 human blastocysts from 716 patients underwent media collection and TE biopsy from April 2018 to December 2022. Embryos were cultured in routine conditions up to day 4, when embryos were washed, transferred to a new 10µl medium droplet, and cultured for at least a further 48 hours. Then, culture media were collected and frozen at -20°C. Assisted hatching, TE biopsy and vitrification were performed after media collection. All samples were analyzed by next generation sequencing (NGS) using the lon ReproSeq PGS Kit (ThermoFisher Scientific) and the lon Chef plus the lon S5 XL Sequencer. R (version 4.2.1) was used for the statistical analysis. A multivariate logistic regression analysis was performed to identify the variables affecting the concordance rate, their adjusted odds ratio (aOR) and confidence interval (CI).

**RESULTS:** From the 2539 embryos analyzed, we obtained a result in 2208 cfDNA-TE pairs. In 1726 of them, both cfDNA/TE were euploid or aneuploid, corresponding to a ploidy concordance rate of 78.2%. It was not statistically different between the 10 participating centres (73.8-83.1%, p=0.12). The multivariant analysis showed that only the number of NGS reads in the media was significantly related to the concordance rate. See table below:

Variable	aOR	95% CI	p-value
Female age	1.03	0.98 - 1.08	0.27
Body mass index	1.00	0.97 - 1.04	0.85
No. previous implantation failure	1.02	0.90 - 1.18	0.73
No. previous miscarriages	1.10	0.93 - 1.31	0.29
No. previous live birth	1.08	0.88 - 1.34	0.49

Oocyte origin (own/donated)	0.73	0.19 - 2.27	0.61
No. MII oocytes	0.96	0.91 - 1.02	0.19
Type of fertilization (ICSI/IVF)	-	-	0.53
No. 2PN	1.04	0.97 - 1.12	0.26
Culture conditions (media and incubator used)	-	-	0.67
No. blastocysts analyzed	1.05	0.99 - 1.11	0.14
Embryo quality	0.79	0.52 - 1.19	0.26
Expansion degree	-	-	0.68
Day of media collection	1.33	0.34 - 5.34	0.68
No. NGS reads	1.19	1.01 - 1.40	0.04
Media result (euploid/aneuploid)	1.09	0.79 - 1.49	0.61

**CONCLUSIONS:** Only the number of NGS reads in the media was significantly related to the concordance rate, showing that sample quality (cfDNA concentration in the culture media) deeply impacts in the results.

**IMPACT STATEMENT:** Embryo cfDNA analysis shows very robust results independently of the patient infertility background, stimulation response, culture conditions and blastocyst quality. Therefore, it can be widely applied as a non-invasive approach.

#### First Author

Luis Navarro Sanchez, PhD **Email:** luis.navarro@igenomix.com -- Will not be published

Igenomix, part of Vitrolife group Embryo Research Narcís Monturiol 11B Paterna (Valencia) 46980 Spain

Within the past 2 years, have you or your spouse/partner had any potential COI? No Signature: Luis Navarro Sánchez

Second Author

Denny Sakkas, PH.D. **Email:** dsakkas@bostonivf.com -- Will not be published

Boston IVF 130 2nd Ave Waltham MA 02451-1100 USA

Biographical Sketch Dr. Denny Sakkas received his undergraduate training at the University of Melbourne, Australia and received his Doctorate of Philosophy at Monash University, Melbourne, Australia. He serves as Deputy Editor of Human Reproduction. He is currently Chief Scientific Officer at Boston IVF and Associate Professor at the Department of Obstetrics, Gynecology and Reproductive Sciences at the Yale University School of Medicine.

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Signature: Denny Sakkas



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Third Author

Nilo Frantz, M.D. **Email:** nilofrantz@gmail.com -- Will not be published

Nilo Frantz Reproductive Medicine Medical Department Porto Alegre Brazil

Within the past 2 years, have you or your spouse/partner had any potential COI? No Signature: Nilo Frantz, M.D.

## Fourth Author

Daria Maria Soscia, MSc Email: daria.soscia@generapma.it -- Will not be published

Ivirma Global Research Alliance Genera biologist Via Giuseppe De Notaris 2B 00197 Rome Acilia Roma Rm 00197 Italy

Within the past 2 years, have you or your spouse/partner had any potential COI? No Signature: Daria Maria Soscia

#### Fifth Author

William Venier, M.SC. **Email:** bvenier@sdfertility.com -- Will not be published

World Embryology Skills & Training (WEST) 2195 Faraday Ave Suite A Carlsbad CA 92008 USA

Within the past 2 years, have you or your spouse/partner had any potential COI? No Signature: William C Venier

#### CV Upload:

B Venier CV.doc

#### Sixth Author

Emilio De La Fuente Lucena, MSc Email: emilio.delafuente@igenomix.com -- Will not be published

Igenomix Clinical Studies Ronda Narcí Monturriol, 11 Paterna (Valencia) 46980 Spain

Within the past 2 years, have you or your spouse/partner had any potential COI? No Signature: Emilio de la Fuente Lucena

#### Seventh Author

Claudio Bisioli, MSc Email: cbisioli@pregna.com.ar -- Will not be published

Pregna Medicina Reproductiva IVF Lab Juncal 3490 Buenos Aires 1425 Argentina

Within the past 2 years, have you or your spouse/partner had any potential COI? No Signature: Claudio Armando Bisioli



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Eighth Author

Bilgen Teke, MSc Email: bozturk@bahceci.com -- Will not be published

Bahçeci Health Group Hakki yeten Street Terrace Istanbul 34394 Turkey Within the past 2 years, have you or your spouse/partner had any potential COI? No Signature: Bilgen

Ninth Author

Gerardo Barroso, MD Email: barrosog@me.com -- Will not be published

Nascere Assisted Reproduction Paseo de Tamarindos 90 T1P2 Mexico City DF 05020 Mexico

Within the past 2 years, have you or your spouse/partner had any potential COI? No Signature: Gerardo Barroso, M.D



## CV Upload:

Dr Barroso's resume (short).docx

Tenth Author

Diana Valbuena Perilla, MD, PHD **Email:** diana.valbuena@igenomix.com -- Will not be published

Igenomix R&D Medical Department Avenida Aragon 13 Valencia 46010 Spain

Within the past 2 years, have you or your spouse/partner had any potential COI? Yes

Organization Name	Relationship Type	Who has this Relationship?
Igenomix R&D	Full-Time Company Employee Relationship Began - Tuesday, February 24, 2015 Relationship Ended -	Self

Signature: Diana Valbuena, MD, PhD

#### Eleventh Author

Carlos Simon, MD; PhD Email: csimon@fundacioncarlossimon.com -- Will not be published

Professor Obstetrics and Gynecology, University of Valencia; Senior Lecturer PT, BIDMC Harvard University; President Carlos Simon Foundation Eduardo Primo Yufera, 3 Valencia Valencia 46012 Spain

Biographical Sketch Carlos Simón is Professor of Ob/Gyn at the University of Valencia, Spain; Senior Lecturer PT, BIDMC Harvard University, Boston, MA, USA, and Adjunct Clinical Professor at Baylor College of Medicine, USA. His main clinical and scientific interest is in the understanding of the human embryonic implantation process, a critical process to the survival of the species, considering as key elements the embryo, the maternal endometrium, and the cross- communication between them. In human endometrial research, his group identified the transcriptomic signature of human endometrial receptivity using microarray technology (PMID: 20619403) and its confirmation by single-cell RNA seg (PMID: 32929266). Clinical translation of this work resulted in the creation of the endometrial receptivity analysis (ERA) for the diagnosis of the personalized window of implantation in infertile patients. His team provided evidence of a decidualization defect in the endometrium of women with severe preeclampsia, a pathology detectable at the time of delivery and persisting for years (PMC: 28923940), further discovering the footprint encoding this defect (PMC: 8553341). Also, they demonstrated that the human uterine cavity is not sterile, by identifying the existence of the endometrial microbiome (PMID: 27717732)) and its functional implications in pregnancy outcome in infertile patients (PMID: 34980280). Further, they investigated the existence and the functional proof of concept of human endometrial stem cells. Today, these findings are being translated to the first advanced cellular therapy of Asherman Syndrome ((PMID: 27005892)(EudraCT Number: 2016-003975- 23)). For the human embryo, his created a prediction model for an uploidy in early embryo development revealed by single-cell analysis (PMID: 26151134), deciphered the clinical impact of embryo mosaicism (PMID: 34798051), and discovered the origin, and composition of human embryo-cell free DNA (PMID: 29471395) and its clinical translation (PMID: 32470458)). His team derived, characterized, and registered 10 human embryonic stem cell lines in the Spanish National Stem Cell Bank. (PMID: 20018958). His pioneering work in this field made possible the creation of the Valencia Node of the Spanish Stem Cell Bank in 2004. Finally, the cross-communication between maternal endometrium and the embryo (PMID: 29390102) has been addressed by discovering that maternal microRNAs

(miRNAs) that might act as transcriptomic modifier of the pre-implantation embryo (PMID: 26395145). His commitment to excellence in research is demonstrated by the publication of 534 papers (Pubmed) in peer-reviewed journals with an accumulated impact factor of 3,814.94. His papers have received a total of 47,701 citations. His Google Scholar is 125. He is editor of 21 books in English, Spanish, and Portuguese, and supervisor of 38 PhD Thesis. His work has been awarded by several scientific societies including SGI/SRI (see SRI related CV) and institutions including the Rey Jaime I Medical Research Award 2011, the ASRM Distinguished Research Award 2016, and the Lilly Foundation Biomedical Research Award 2021.

Within the past 2 years, have you or your spouse/partner had any potential COI?

No

Signature: Carlos Simon



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**Twelfth Presenting Author** 

#### **Presenting Author**

Carmen Rubio Lluesa, PhD **Email:** carmen.rubio@igenomix.com -- Will not be published

Igenomix Paterna 46980 Spain

Biographical Sketch Trained in Science and Embryology at the University of Valencia, Spain, Dr Carmen Rubio specialized in cytogenetic studies in human reproduction, partly at the University of Barcelona. She completed her PhD in the field of Reproductive Genetics and post-doctoral research included research in male and female meiosis at the laboratory of Drs. Patricia Hunt and Terry Hassold (Washington State University, USA). She has published more than 100 papers in the main peer-reviewed specialist journals in the field, books chapters as well as numerous lectures at conferences worldwide. She is appointed as lecturer in post-graduate courses in Reproductive Genetics, supervising PhD students, and she is an active member of ESHRE, ASRM and board member of the PGDIS society. Currently she is the head of the Research & Development department at Igenomix (Vitrolife group). Her main current research interests after 30 years working in this field, are non-invasive approaches of genetic testing, being particularly active in the study of chromosomal abnormalities in the cell-free DNA released into the culture medium as a non-invasive approach for the assessment of embryo viability.

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Yes

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Signature: Carmen Rubio Lluesa, PhD





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